

CASE STUDY | NEWMAN REGIONAL HEALTH

Newman Regional Health Simplifies the **Patient Transfer Process with Analytics Platform and Support Services**

THE CUSTOMER

A Busy Critical Access Hospital in a Rural Community

Located halfway between Wichita and Kansas City, Newman Regional Health (NRH) is a nonprofit, 25-bed Critical Access Hospital (CAH) owned by the citizens of Lyon County, Kansas. Despite its small size, NRH has ranked among Becker Hospital Review's Top 70 Critical Access for the past five years.

The hospital's 10-bed acute inpatient medical rehabilitation unit offers patients the opportunity to recover from serious illness or injury closer to home, following treatment at NRH or neighboring facilities. In 2019, NRH opened a 19-bed emergency room with an additional 14 beds for observation and express care.

THE CHALLENGE

Facilitating Rapid Transfers for Critical Patients

Like many rural hospitals, NRH had long been dependent on the county's only Emergency Medical Services (EMS) provider for its ground transport needs. While this provider is a valued partner, its resources are frequently stretched thin across a broad jurisdiction, and, understandably, is not always able to meet the hospital's needs.

To bridge the gap, NRH turned to Motient, a company that equips hospitals, Accountable Care Organizations (ACOs), and healthcare networks with the tools and data required to ensure quality care in patient transfers.

In August 2019, the NRH hospitalist team decided to try out Motient's Mission Control software, which is designed to streamline the transport decision and request workflow via acuity scoring and a comprehensive logistics and communication dashboard.

Initially, NRH used the software primarily to find alternative ground transport for its Emergency Department (ED) patients. The team was just beginning to deploy the platform's web application and analytics tools when the 2020 winter surge of COVID-19 hit.

Bed capacity dropped precipitously across Kansas, and NRH struggled to find receiving facilities for its transfers, especially for acute COVID-19 patients. Physicians would spend hours on the phone, calling more than half a dozen facilities searching for a bed.

Like many larger facilities nearby, NRH was soon operating at 110% of its pre-COVID inpatient acute care capacity.

The hospital needed additional help managing the time-consuming patient transfer process.

THE SOLUTION

Streamlining the Patient Transfer Process via Mission Control

Julia Pyle, the hospital's Chief Operating Officer and Chief Nursing Officer, proposed expanding NRH's use of Mission Control to find available beds. The hospital's clinical resource nurses began using the web-based application to find open beds for time-critical patients, lifting the communications burden from frontline workers.

"When beds across all spectrums of care became tight, we started using the platform to find beds," said Dr. Longwell. "Now, we use Mission Control for more than 90% of our transfer patients."

Initially, many tertiary facilities in the region were reluctant to respond to messages from Motient's 24/7 communications team inquiring about bed availability. These hospitals were not yet familiar with Mission Control's role in the patient transport process and hesitated to share information with anyone other than a physician or a referring facility.

When the Delta surge hit in the summer of 2021, NRH decided to regroup and organize a more formal rollout of the Mission Control platform that included educating potential receiving facilities about the process. Along with Newman's clinical resource nurses, Dr. Longwell and her inpatient team now had their own logins for the platform and were soon relying on the system to facilitate transfer coordination.



Newman quickly taught its physicians and nurses how to log into the website and enter the necessary patient information for a transfer request.

"Education is key. At Newman, any practitioner in the hospital can enter a mission into the platform," said Dr. Longwell.

"We found that the process works much more efficiently when your transfers don't have to go through a gatekeeper." Instead of spending hours on the phone searching for beds, NRH's clinicians spend two to three minutes entering the patient's clinical data and input a transfer on the platform.



The software takes it from there, notifying the clinician when an open bed is located.

"The nice thing is that if I've stepped away, the lines of communication are still open. Before, if we missed a return phone call because we were in a dead zone somewhere, we may have lost the bed," said Dr. Longwell.

"Now, if they're not getting a response, the vendor will call a clinical resource nurse and keep working down our communication tree until they reach someone. We can input a transfer and go on about our daily activities without worrying."

Before using Mission Control, Newman's clinicians would sometimes speak with receiving physicians who had no idea whether or not their facility had any open beds. As Mission Control communicates directly with receiving facilities' bed coordinators, data is always current.

While a few ED physicians still get on the phone to find beds, NRH plans to educate these holdouts about how easy the new platform is to use — and how much time it can save them.

"Early on, I was filling in for our main hospitalist for a week, and we had a patient who needed to transfer for a type of bleed which we don't have the technology to manage here," said Dr. Longwell.

"That same week, the entire state of New Mexico was out of Intensive Care Unit (ICU) beds. Without the platform, there was no way I could have made those calls to get that patient to a receiving facility in time."



THE RESULTS

Improving Performance with Robust Patient Transfer Analytics

Once the pandemic is under control, Newman expects the primary value of its patient transport platform will lie in its data analytics capabilities.

As a rural hospital, NRH has only one person on staff who performs all its data abstracting.

With the platform, NRH will be able to dive deep into its transfer data to uncover areas of opportunity and ensure the appropriate patients are being transferred to the appropriate facilities by the correct means of transportation.



The relationship we've been able to build with Motient is truly fundamental to the results we've seen.

We let them know what features would be helpful for our facility, and they listen to our input and make changes when necessary.

Dr. Longwell, CMO Newman Regional Health In the past year, NRH was forced to close its 24-hour ST-Segment Elevation Myocardial Infarction (STEMI) program due to resource constraints. Dr. Longwell anticipates using Mission Control to track outcomes and ensure its transferred STEMI and stroke patients are receiving quality care at appropriate receiving centers.

"We'll be able to slice and dice our data around time-critical diagnoses to help us increase efficiency and improve our transport processes," said Dr. Longwell.

Even when the pandemic eases, staffing shortages will not be resolved anytime soon.

The team at NRH is encouraged by the fact that use of Mission Control is growing rapidly.

IN THE PAST YEAR.

USED THE SOLUTION TO COORDINATE TRANSPORT SERVICES



FOR MORE THAN Interfacility **ACROSS THE REGION**

THE OUTCOME

Data-Driven Decisions Facilitate Ongoing Statewide Success

Buoyed by this success, the Kansas Department of Health and Environment recently expanded its partnership with Motient to arrange patient transportation, source-destination facilities, and provide analytics to improve the patient transfer process.

"In terms of preventative healthcare and resource redeployment, the wealth of data that will come out of a statewide program like this will be invaluable in a few years," said Dr. Longwell.

Statewide data will help Kansas assess transfer activity by area and specialty, determining key information such as where the highest volume of time-critical diagnoses originate, and which communities need additional resources. NRH anticipates that this retrospective analysis will help hospitals across the state work together to improve patient outcomes.

Even during normal times, we're always going to have to transfer some patients, as we don't have the capacity to do neurocritical care or perform every kind of specialty surgery, said Dr. Longwell.

For rural hospitals, having a partner who helps us find beds for our critical patients is instrumental because it frees up time for our clinicians to be at the bedside.

Dr. Longwell, CMO Newman Regional Health